

## Monica Hawkins

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**From:** AMO Communications <Communicate@amo.on.ca>  
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**To:** Monica Hawkins  
**Subject:** AMO-Beacon Webinar: March 26

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March 9, 2020

Dear Member,

Each year, one in five Ontarians will experience a mental health concern, but only a third of those suffering will seek treatment. Part of the reason is that traditional face-to-face therapy struggles to overcome major barriers, including cost, geography, scheduling, and capacity, preventing more than one million Ontarians from accessing quality mental health services. In rural and remote areas of the province, many of these barriers are further magnified, with access to mental health resources even further restricted.

AMO is exploring partnerships to provide innovative and accessible ways of helping our members immediately support the mental health of their employees. Join us on Thursday, March 26 at noon for a webinar where we will demonstrate how you can help your employees, and their dependents, easily access effective mental health care through BEACON.

For more information, contact Nicholas Ruder, Research Advisor, AMO/LAS, at [nruder@amo.on.ca](mailto:nruder@amo.on.ca) or at 416-971-9856 x 411.

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