



# 140 ELMWOOD

Where Kids & Families Grow

The Children's Aid Society of the District of Nipissing and Parry Sound

[www.140elmwood.com](http://www.140elmwood.com) | (705) 472-0910

# Youth Wellness Hubs Ontario



## History YWWHO

For more information, please visit [youthhubs.ca](http://youthhubs.ca)

YWWHO was inspired by the integrated collaborative care team model developed by youth, family members, clinicians and researchers as part of the YouthCan IMPACT research project launched in 2014.

As part of the YouthCan IMPACT trial, hubs were developed and implemented in Toronto to serve both research participants and community youth. These hubs later became part of Youth Wellness Hubs Ontario.

YWWHO supports local service providers to work together in a new way, providing young people in Ontario aged 12 to 25 with access to a full range of integrated services that support their individual needs, including mental health and substance use supports, primary care, education, employment, housing and other social services in one youth-friendly space. YWWHO's is designed to improve experiences and outcomes for youth by:

Increasing access to rapid, low-barrier services.

Providing tailored, high-quality programs co-developed with youth to meet their needs.

Reducing transitions by providing care in one location.

Each hub works with local service providers and partners in their communities across the province to bring together existing services to work together in a new way to deliver high-quality, developmentally appropriate services to youth and their families in their community.

Currently, there are 22 YWWHO's in Ontario, 3 in Northern Ontario



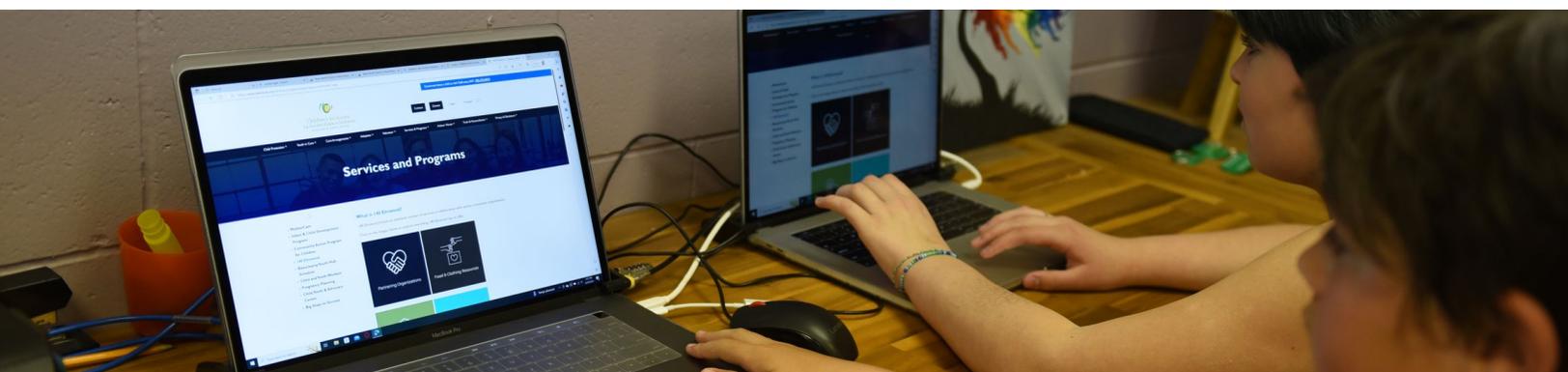
Kenora (indigenous-led Korora Chiefs Advisory)  
Sudbury (housed in the YMCA)  
Algoma (stand alone)

Mental Health Services

Substance Use Supports

Primary Health Care

Community & Social Supports



# Efforts/Advocacy to be successful in having Elmwood designated a Youth Wellness Hub

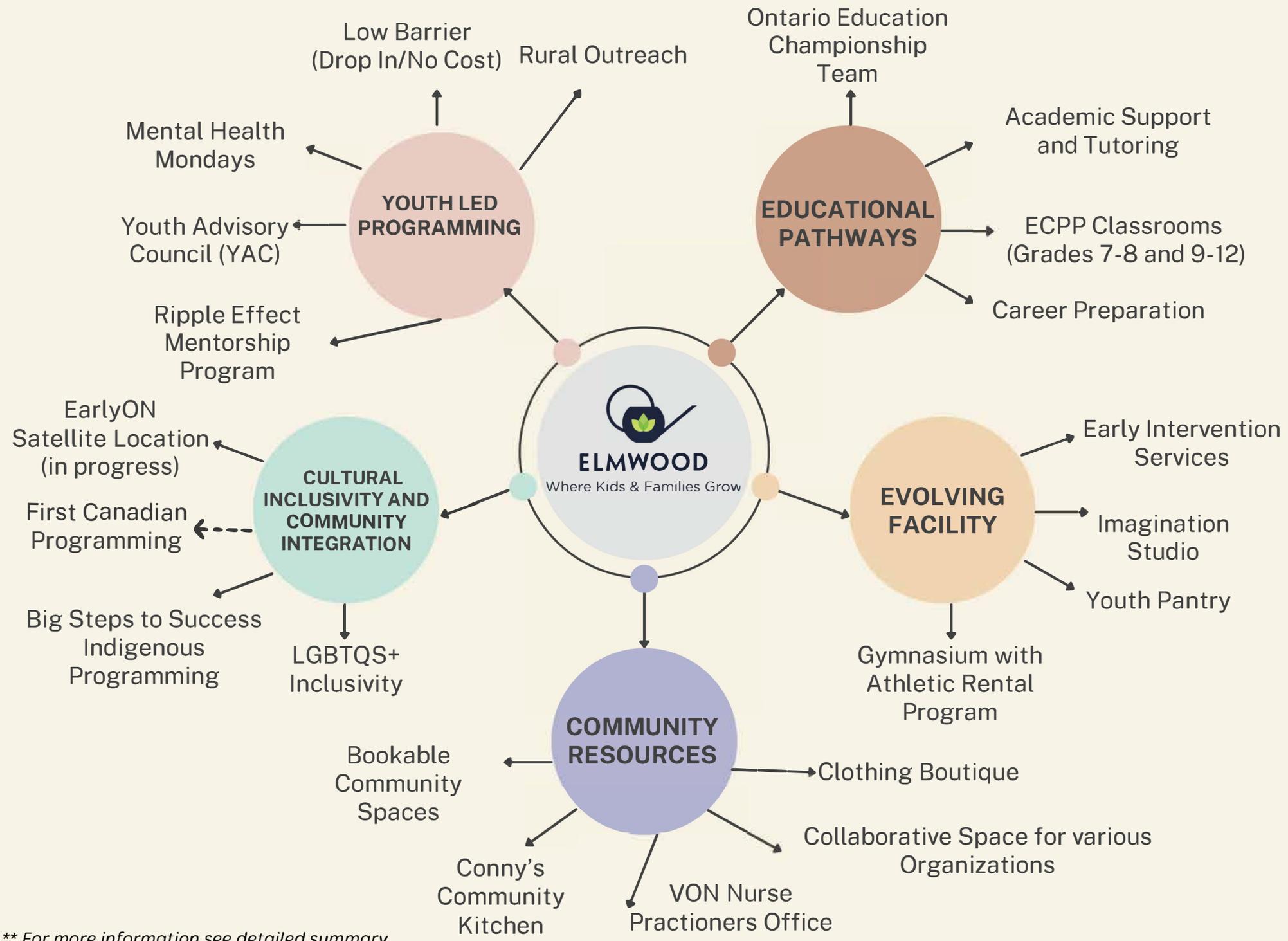


## Recent Events

- Visited the YWHO in Sudbury.
- Met (virtually) with the YWHO Lead who stated she would assist in providing ongoing input and feedback to ensure a high-quality application is submitted.
- Provided MPP Vic Fedeli with information about YWHO and our intent.
- Facilitated a tour with Health Unit, Dr. Zimbalatti, Medical Officer of Health and Leads for the Icelandic Model, a whole community safety and wellbeing approach. Elmwood offers the youth space to allow for services and programming.
- Ongoing conversation with Youth Advisory Council (YAC) to discuss and identify gaps. Embedding the voice of youth to inform programs and services.



Where Kids & Families Grow



*\*\* For more information see detailed summary*



**ELMWOOD**

# GROW WITH US!

**Building Utilization- and we are just getting started!**

- Donor/Funders
- Youth Programming
- Elmwood Ambassadors
- Elmwood Users



## Donors/Funders

- Beauchamp Family
- Ontario Education Championship Team
- Children's Aid Foundation of Canada
- Rotary Club
- Private Donors



## Elmwood Ambassadors

- Victorian Order of Nurses
- Near North District School Board
- Early Intervention Services
- Trinity Infant Food Shelf

## Youth Programming *provided by*

- |                                  |                             |
|----------------------------------|-----------------------------|
| Assante Wealth Management        | North Bay Health Unit       |
| Big Brothers Big Sisters         | March of Dimes              |
| Endayaan Awejaa                  | Canadore College - Culinary |
| CMHA                             | Wasi Chefs                  |
| Hands                            | LERN                        |
| Community Support Team           | Penny Tremblay - Playing    |
| Digital Creator                  | Nice in the Sandbox         |
| YES Employment                   | Service Canada              |
| OUTloud North Bay                | Gathering Place             |
| White Pine Creative              | City of North Bay - Transit |
| Fontaine & Associates Bankruptcy |                             |



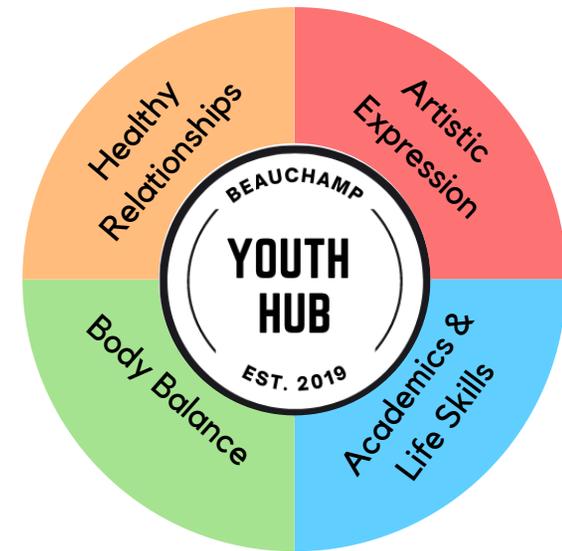
## Elmwood Users

- Community Members
- CAS Service Users
- ProSports
- North Bay Panthers
- Ringuette Canada
- Gateway Hub
- Hands: Snap Programming
- PCMH (Childrens Mental Health Ontario) - North Bay Chapter
- TCI Training Nipissing-Parry Sound
- Catholic District School
- Zinzico
- Dreamcoat Fantasy Theater

# PROGRAMMING FOR FEBRUARY 2024

140 ELMWOOD AVE - NORTH BAY, ON

MONDAY (YOUTH AGED 15+) 4-6PM	TUESDAY (YOUTH AGED 10+) 4-6PM	WEDNESDAY (YOUTH AGED 14+) 4-6PM	THURSDAY 4-6PM	FRIDAY NO PROGRAMMING
 Hands TheFamilyHelpNetwork.			1 FRIENDSHIP BRACELETS 	2
5 MENTAL HEALTH MONDAYS	6 DROP IN NIGHT: OPEN GYM	7 SAFE SEX AND FAMILY PLANNING 	8 DIY VALENTINE'S DAY CARDS	9
12 MENTAL HEALTH MONDAYS	13  DROP IN NIGHT: MAKE YOUR OWN HEART SHAPED PIZZA	14 COOKIE DECORATING @ CANADORE COLLEGE 	15 LEGO NIGHT 	16
19 NO YOUTH PROGRAMMING (FAMILY DAY)	20 DROP IN NIGHT: VIDEO GAMES AND OPEN GYM	21 ID CLINIC WITH SERVICE CANADA 	22 BIG STEPS INDIGENOUS PROGRAMMING AGED 7-17  	23
26 MENTAL HEALTH MONDAYS	27 YOUTH ADVISORY COUNCIL *VIRTUAL PARTICIPATION AVAILABLE	28 FINANCIAL LITERACY 	29 OPEN ART NIGHT	



Children's Aid Society  
NISSING & PARRY SOUND

[WWW.PARNIPCAS.ORG](http://WWW.PARNIPCAS.ORG)

## IMPORTANT INFO:

Come check out our newly renovated youth hub

Reminder that programming is cancelled when buses are cancelled (i.e. Snow days)

Questions? Suggestions?

[youthprogramming@parnipcas.org](mailto:youthprogramming@parnipcas.org)

# 140 Elmwood: Detailed Summary

## Youth-Led Programming:

- **Low Barrier Programming:** Drop-In programming is anchored in four key areas — Artistic Expression, Healthy Relationships, Body Balance, and Academic Enrichment. Each area is designed to align with our 'Ready Set Go' guidelines, supporting youth as they navigate their journey towards independence.
- **Mental Health Mondays:** Collaborative sessions with Handsthefamilyhealthnetwork focusing on youth-led mental health discussions and toolbox building.
- **Ripple Effect Mentorship Program:** Providing youth with professional and leadership skills through peer support initiatives.
- **Youth Advisory Council (YAC):** Empowering young people to share their voice in decision-making processes and policies, this council serves as a vital link between the youth we serve and our senior leadership team and Board of Directors, fostering a culture of inclusive leadership.
- **Community Partnership Engagement:** With over 20 community partnerships, weekly presentations connect youth with local resources and care navigation.
- **Rural Outreach in Parry Sound:** Extending programming to our Parry Sound satellite location for rural inclusivity, leveraging existing youth programming at The Drop.

## Education and Career Development Pathways:

- **Ontario Education Championship Team (OECT):** Collaborative educational support through programming, exploring alternative pathways through education.
- **Career Preparation:** Resume workshops, mock interviews, and agency presentations for workforce readiness.
- **Academic Support and Tutoring:** Emphasizing academic success, we offer weekly tutoring groups and provide exam support with Oxford Learning Centers, offering personalized assistance to students.
- **Education and Community Partnership Program (ECP):** In partnership with the Near North District School Board, 140 Elmwood is home to 9-12 and 7-8 classroom as part of the ECP. This initiative provides a supportive alternative environment for learning, enhancing our educational offerings within a nurturing and inclusive community setting.

## Cultural Inclusivity and Community Integration:

- **Cultural Programs:** Monthly Activities with Big Brothers Big Sisters through the Big Steps to Success Partnership and Endaayaan Aweejaa with future plans to collaborate with YES Employment in bringing programming to the First Canadian population.
- **Community Kitchen:** Hosting diverse culinary classes and weekly family-style meals.
- **On-Site Healthcare:** Primary and sexual health services in partnership with VON Nurse Practitioners Office.
- **EarlyON Satellite Location:** In partnership with DNSSAB and Community Living, 140 Elmwood will proudly serve as an EarlyON satellite location in partnership with staffing from our Infant Child and Development program. This collaboration enhances our ability to provide comprehensive, early childhood development services to a broader community base.
- **LGBTQ+ Inclusivity:** Providing a safe, equitable space for LGBTQ+ programming, in partnership with organizations like OUTloud.

## Community Resources and The Evolving Elmwood Facility:

- **The Boutique and Youth Pantry:** Offering essential clothing, hygiene supplies, and food items to support youth and families.
- **Facility Features:** "Imagination Studio" for creative arts, a fully equipped gym, Early Intervention Services, and the Conny's Community Kitchen for culinary education.
- **Bookable Community Rooms:** Versatile spaces for meetings, events, and community engagement including an enclosed outdoor courtyard with play structure.
- **Athletic Rental Program:** With grant funding secured from Canada Post, youth and families can borrow sporting equipment, such as skates, hockey gear, bikes, and scooters. This initiative ensures all children and youth who work with us have access to recreational opportunities and sports, promoting physical health and well-being.
- **Home to Community Organizations:** Serving as the base for diverse groups including the Foster Parent Association, various parenting programs, Parent Peer Support through Children's Mental Health Ontario, Adoption Support Group, ProSports, Panthers Baseball, and Dreamcoat Fantasy Theater.