



# 140 ELMWOOD

Where Kids & Families Grow

The Children's Aid Society of the District of Nipissing and Parry Sound

[www.140elmwood.com](http://www.140elmwood.com) | (705) 472-0910

# Youth Wellness Hubs Ontario



## History YWHO

For more information, please visit [youthhubs.ca](https://youthhubs.ca)

YWHO was inspired by the integrated collaborative care team model developed by youth, family members, clinicians and researchers as part of the YouthCan IMPACT research project launched in 2014.

As part of the YouthCan IMPACT trial, hubs were developed and implemented in Toronto to serve both research participants and community youth. These hubs later became part of Youth Wellness Hubs Ontario.

YWHO supports local service providers to work together in a new way, providing young people in Ontario aged 12 to 25 with access to a full range of integrated services that support their individual needs, including mental health and substance use supports, primary care, education, employment, housing and other social services in one youth-friendly space. YWHO's is designed to improve experiences and outcomes for youth by:

Increasing access to rapid, low-barrier services.

Providing tailored, high-quality programs co-developed with youth to meet their needs.

Reducing transitions by providing care in one location.

Each hub works with local service providers and partners in their communities across the province to bring together existing services to work together in a new way to deliver high-quality, developmentally appropriate services to youth and their families in their community.

Currently, there are 22 YWHOs in Ontario, 3 in Northern Ontario



**Kenora** (indigenous-led Korora Chiefs Advisory)  
**Sudbury** (housed in the YMCA)  
**Algoma** (stand alone)



Mental Health Services



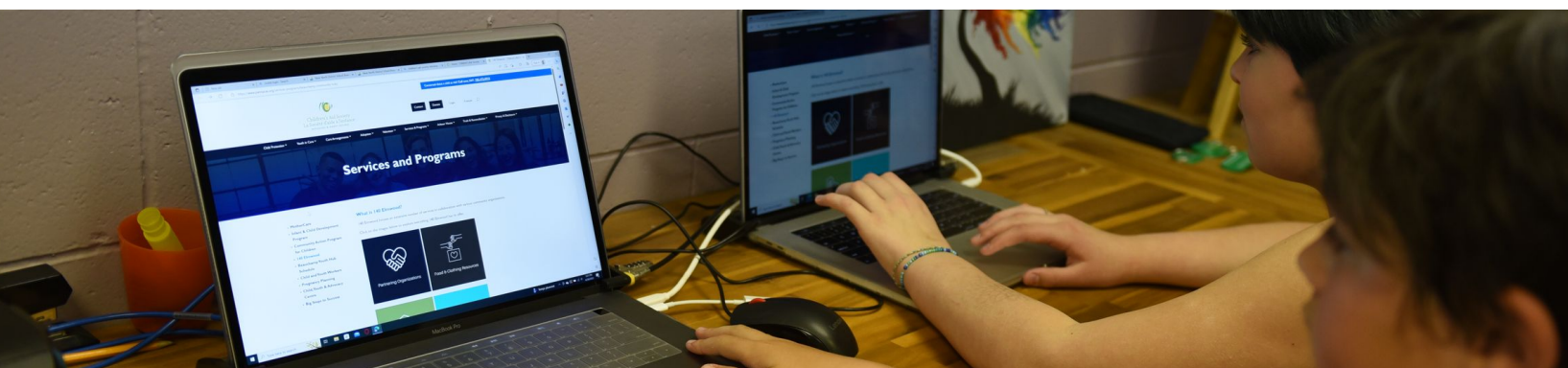
Substance Use Supports



Primary Health Care



Community & Social Supports



# Efforts/Advocacy to be successful in having Elmwood designated a Youth Wellness Hub

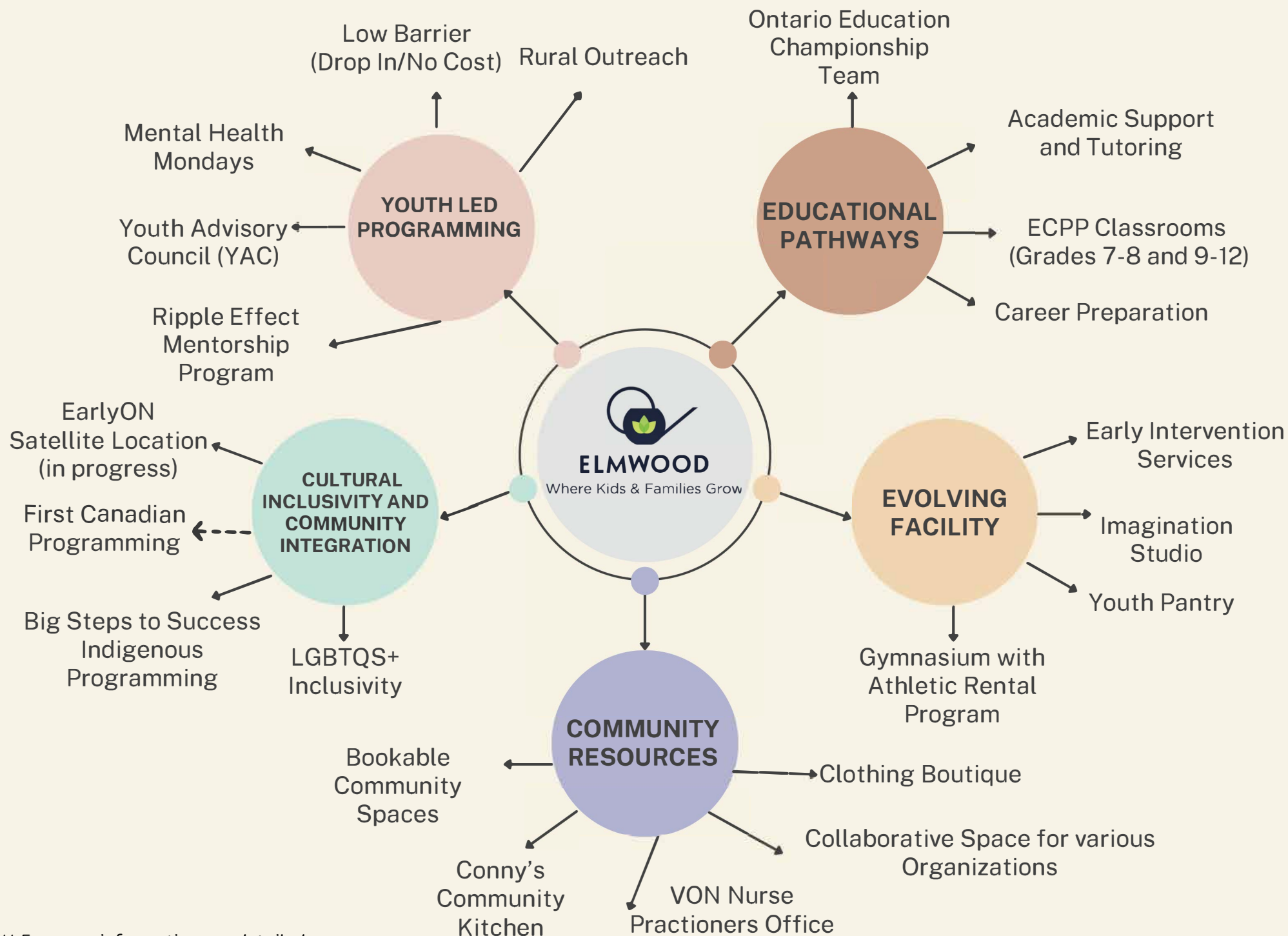


## Recent Events

- Visited the YWHO in Sudbury.
- Met (virtually) with the YWHO Lead who stated she would assist in providing ongoing input and feedback to ensure a high-quality application is submitted.
- Provided MPP Vic Fedeli with information about YWHO and our intent.
- Facilitated a tour with Health Unit, Dr. Zimbalatti, Medical Officer of Health and Leads for the Icelandic Model, a whole community safety and wellbeing approach. Elmwood offers the youth space to allow for services and programming.
- Ongoing conversation with Youth Advisory Council (YAC) to discuss and identify gaps. Embedding the voice of youth to inform programs and services.



Where Kids & Families Grow



*\*\* For more information see detailed summary*





# GROW WITH US!

**Building Utilization** – and we are just getting started!

- Donor/Funders
- Elmwood Ambassadors
- Youth Programming
- Elmwood Users



## Donors/Funders

Beauchamp Family  
Ontario Education Championship Team  
Children's Aid Foundation of Canada  
Rotary Club  
Private Donors



## Elmwood Ambassadors

Victorian Order of Nurses  
Near North District School Board  
Early Intervention Services  
Trinity Infant Food Shelf

## Youth Programming provided by

Assante Wealth Management	North Bay Health Unit
Big Brothers Big Sisters	March of Dimes
Endayaan Awejaa	Canadore College - Culinary
CMHA	Wasi Chefs
Hands	LERN
Community Support Team	Penny Tremblay - Playing
Digital Creator	Nice in the Sandbox
YES Employment	Service Canada
OUTloud North Bay	Gathering Place
White Pine Creative	City of North Bay - Transit
Fontaine & Associates Bankruptcy	














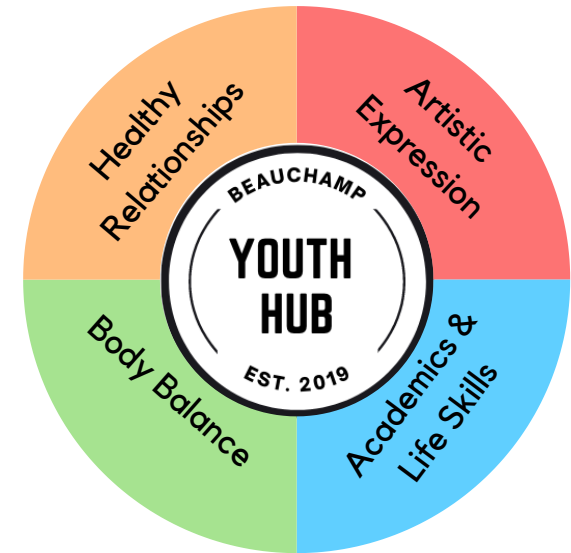
## Elmwood Users

Community Members  
CAS Service Users  
ProSports  
North Bay Panthers  
Ringette Canada  
Gateway Hub  
Hands: Snap Programming  
PCMH (Children's Mental Health  
Ontario) - North Bay Chapter  
TCI Training Nipissing-Parry Sound  
Catholic District School  
Zinzico  
Dreamcoat Fantasy Theater

# PROGRAMMING FOR FEBRUARY 2024

140 ELMWOOD AVE - NORTH BAY, ON

MONDAY (YOUTH AGED 15+) 4-6PM	TUESDAY (YOUTH AGED 10+) 4-6PM	WEDNESDAY (YOUTH AGED 14+) 4-6PM	THURSDAY 4-6PM	FRIDAY NO PROGRAMMING
 <b>Hands</b> <small>TheFamilyHelpNetwork.</small>			<b>1</b> FRIENDSHIP BRACELETS 	<b>2</b>
<b>5</b> MENTAL HEALTH MONDAYS	<b>6</b> DROP IN NIGHT: OPEN GYM	<b>7</b> SAFE SEX AND FAMILY PLANNING 	<b>8</b> DIY VALENTINE'S DAY CARDS	<b>9</b>
<b>12</b> MENTAL HEALTH MONDAYS	<b>13</b>  DROP IN NIGHT: MAKE YOUR OWN HEART SHAPED PIZZA	<b>14</b> COOKIE DECORATING @ CANADORE COLLEGE 	<b>15</b> LEGO NIGHT 	<b>16</b>
<b>19</b> NO YOUTH PROGRAMMING (FAMILY DAY)	<b>20</b> DROP IN NIGHT: VIDEO GAMES AND OPEN GYM	<b>21</b> ID CLINIC WITH SERVICE CANADA 	<b>22</b> BIG STEPS INDIGENOUS PROGRAMMING AGED 7-17  	<b>23</b>
<b>26</b> MENTAL HEALTH MONDAYS	<b>27</b> YOUTH ADVISORY COUNCIL *VIRTUAL PARTICIPATION AVAILABLE	<b>28</b> FINANCIAL LITERACY 	<b>29</b> OPEN ART NIGHT	



Children's Aid Society  
NIPISSING & PARRY SOUND

[WWW.PARNIPCAS.ORG](http://WWW.PARNIPCAS.ORG)

## IMPORTANT INFO:

Come check out our newly renovated youth hub

Reminder that programming is cancelled when buses are cancelled (i.e. Snow days)

Questions? Suggestions?

[youthprogramming@parnipcas.org](mailto:youthprogramming@parnipcas.org)



# 140 Elmwood: Detailed Summary

## Youth-Led Programming:

- Low Barrier Programming: Drop-In programming is anchored in four key areas — Artistic Expression, Healthy Relationships, Body Balance, and Academic Enrichment. Each area is designed to align with our 'Ready Set Go' guidelines, supporting youth as they navigate their journey towards independence.
- Mental Health Mondays: Collaborative sessions with Handsthefamilyhealthnetwork focusing on youth-led mental health discussions and toolbox building.
- Ripple Effect Mentorship Program: Providing youth with professional and leadership skills through peer support initiatives.
- Youth Advisory Council (YAC): Empowering young people to share their voice in decision-making processes and policies, this council serves as a vital link between the youth we serve and our senior leadership team and Board of Directors, fostering a culture of inclusive leadership.
- Community Partnership Engagement: With over 20 community partnerships, weekly presentations connect youth with local resources and care navigation.
- Rural Outreach in Parry Sound: Extending programming to our Parry Sound satellite location for rural inclusivity, leveraging existing youth programming at The Drop.

## Education and Career Development Pathways:

- Ontario Education Championship Team (OECT): Collaborative educational support through programming, exploring alternative pathways through education.
- Career Preparation: Resume workshops, mock interviews, and agency presentations for workforce readiness.
- Academic Support and Tutoring: Emphasizing academic success, we offer weekly tutoring groups and provide exam support with Oxford Learning Centers, offering personalized assistance to students.
- Education and Community Partnership Program (ECP): In partnership with the Near North District School Board, 140 Elmwood is home to 9-12 and 7-8 classroom as part of the ECP. This initiative provides a supportive alternative environment for learning, enhancing our educational offerings within a nurturing and inclusive community setting.

## Cultural Inclusivity and Community Integration:

- Cultural Programs: Monthly Activities with Big Brothers Big Sisters through the Big Steps to Success Partnership and Endaayaan Aweejaa with future plans to collaborate with YES Employment in bringing programming to the First Canadian population.
- Community Kitchen: Hosting diverse culinary classes and weekly family-style meals.
- On-Site Healthcare: Primary and sexual health services in partnership with VON Nurse Practitioners Office.
- EarlyON Satellite Location: In partnership with DNSSAB and Community Living, 140 Elmwood will proudly serve as an EarlyON satellite location in partnership with staffing from our Infant Child and Development program. This collaboration enhances our ability to provide comprehensive, early childhood development services to a broader community base.
- LGBTQ+ Inclusivity: Providing a safe, equitable space for LGBTQ+ programming, in partnership with organizations like OUTloud.

## Community Resources and The Evolving Elmwood Facility:

- The Boutique and Youth Pantry: Offering essential clothing, hygiene supplies, and food items to support youth and families.
- Facility Features: "Imagination Studio" for creative arts, a fully equipped gym, Early Intervention Services, and the Conny's Community Kitchen for culinary education.
- Bookable Community Rooms: Versatile spaces for meetings, events, and community engagement including an enclosed outdoor courtyard with play structure.
- Athletic Rental Program: With grant funding secured from Canada Post, youth and families can borrow sporting equipment, such as skates, hockey gear, bikes, and scooters. This initiative ensures all children and youth who work with us have access to recreational opportunities and sports, promoting physical health and well-being.
- Home to Community Organizations: Serving as the base for diverse groups including the Foster Parent Association, various parenting programs, Parent Peer Support through Children's Mental Health Ontario, Adoption Support Group, ProSports, Panthers Baseball, and Dreamcoat Fantasy Theater.